

Shree Santkrupa Shikshan Sanstha's Shree Santkrupa Institute of Engineering and Technology Ghogaon (Shivajinagar), Tal-karad, Dist-Satara

Event Report

l	Name of the activity / Event	Guest Lecture on Stress Management
2.	Date of Activity / Event	09/02/2024
3.	Organized by	Basic Science & Humanities Department
4.	Name of the Association	Shree Santkrupa Institute of Engineering & Technology ,Ghoghaon.
5.	Place of Activity / Event	Dr. APJ Kalam Seminar Hall
6.	Type of Activity / Event	Workshop on Emotion Management
7.	Activity / Event Description	Inauguration of this event by HOD of Basic Science & Humanities department .Anchoring is done by Mrs. Karade M.A. The Guest of this event Mr. Suraj Patil gave guest lecture on "Stress Management", he gave us detailed information on Stress Management.
		The event ended with vote of thanks, vote of thanks given by Mrs. Patil T.S.
	No.	

Academic Incharge S.S.I.E.T. Ghegaon



Principal Shree Santkrupa Insitute of Engg. & Tech Chegaon, Tal Karad, Dist Salara

Stress Management 09/02/2024 Guest Lecturer - Mr. Suraj Patil sir







Principal
Shree Stentkrupa Institute of Engg. 4. Tech
Ghogaon, Tal. Karad, Dist. Satara